

UPPER PERKIOMEN SCHOOL DISTRICT

HEALTH DEPARTMENT PROCEDURES MANDATED BY PENNSYLVANIA SCHOOL CODE

Pennsylvania school code mandates that specific examinations and screenings be conducted for students in certain grades within each school district. We are listing some of the routine health requirements that must be fulfilled during the school year.

PHYSICAL EXAMINATIONS- Required upon original entry (kindergarten or 1st grade), 6th grade and 11th grade. Parents are urged to have these examinations done by their private physician because he/she has knowledge of the child's past medical history and is in the best position to recommend treatment. An examination done no earlier than September 1st of the school year prior to when it is required will satisfy the mandate. If a private physical examination is not submitted, an exam can be performed by the school physician. You will be notified if the school physician recommends further care.

DENTAL EXAMINATIONS- Required upon original entry (kindergarten or 1st grade), 3rd grade and 7th grade. Parents are urged to have these examinations done by their private family dentist because he/she has knowledge of the child's past dental history and is in the best position to recommend treatment. An examination done no earlier than September 1st of the school year prior to when it is required will satisfy the mandate. If a private dental examination is not submitted, a dental screening can be done by the school dentist. You will be informed if your child needs further dental care.

HEIGHT, WEIGHT, AND BODY MASS INDEX- All students annually.

VISION TEST- All students annually.

HEARING TEST- Kindergarten and grades 1,2,3,7,11; students in special ungraded classes; and students with a history of hearing loss. Screening is recommended for students new to the district who do not have documented hearing test results.

Should a defect or problem be noted in either vision or hearing testing, a notice will be sent home. This form is to be completed and returned to the school nurse.

SCOLIOSIS SCREENING- A check for curvature of the spine is required for all 6th and 7th grade students. For 6th graders, the screening is usually done by the private physician at the time of the 6th grade physical examination. The 7th grade screening will be conducted during gym class. The screening test is very simple and can be performed in less than a minute. To assure a view of the spine, we will request that students expose their backs during the screening.

We appreciate your cooperation in helping us carry out our health program with regard to procedures that are required by Pennsylvania State Law.

Unless we hear otherwise, we shall include your child in all of the routine screenings. If you have any questions or concerns, please call Mrs. Grammel at 215-541-7413 or Ms. Lundquist at 215-541-7125.

UPPER PERKIOMEN DISTRICT POLICY

Administration of Tylenol, Ibuprofen (Advil/Motrin), and other Medication

Please be advised: Tylenol and Advil/Motrin will not be administered to any student unless we have in our files a written note **signed by a licensed physician**, which indicates the dosage and time schedule. This regulation is for the health safety of the child. Analgesics may mask the true symptoms of a serious medical problem and postpone treatment.

Special medication or prescriptions that must be given to students during school hours will be administered only when we have specific written directions signed by a licensed physician. The label on the container from the pharmacy is **not sufficient**. This includes all over the counter medications such as cold medicine, creams, ointments and eye/ear drops. The written note from your physician is maintained with your child's health record.

Special medications are to be brought to school by the parent/guardian, and must be in the original pharmacy container (or manufacturer's container for over the counter medicines). **Medication in baggies, aluminum foil, envelopes, old pill bottles or other family members' bottles cannot be accepted and will not be administered.**