

Lunch Price:
\$3.05

NOVEMBER 2024

WW= Whole Wheat
WG= Whole Grain

MON

TUE

WED

TH

FRI

Each Student may choose:

- ◆ An Entrée/Protein (Platter 1 or Platter 2) PBJ also offered daily!
- ◆ Milk Choice (1% White or Fat Free Flavored)
- ◆ Fruit: Fresh, Canned, or 100% Juice
- ◆ Vegetable: Fresh or Cooked
- ◆ Grain: The entrée is on a WG or WW bun or Roll, or we include a breadstick or WG Goldfish Packet

Food Services is Hiring!!!
Earn while your children learn!

We have openings!
If you are interested, please go to :
<https://www.upsd.org/departments/human-resources/employment-opportunities> and hit the "Apply Now" button to see what positions are available!

Welcome!

We are very excited to see and serve you again!

Please check our district website for more meal program information, menus, and Free/reduced application information:

<https://www.upsd.org/departments/food-service>

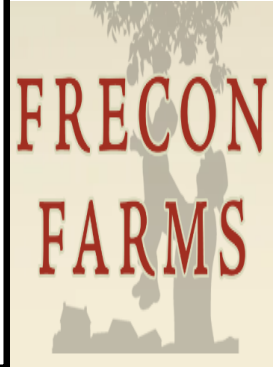
What is included in the Reimbursable Lunch?

A lunch consists of five (5) items: A protein, fruit, vegetable, grain & milk. In order for it to be counted and charged as a lunch, the student may take all 5 selections (maximum), or Offer Vs. Serve

Offer vs. Serve: If students do not wish to take all 5 items, they may choose to take a minimum of 3 of the 5 selections (aka: Offer vs. Serve). If using the Offer vs. Serve option, then one of the three items chosen MUST be a fruit or vegetable.

PLEASE NOTE: If the above is not followed, it will not be considered a complete reimbursable lunch. The student will be charged a la carte pricing.

Fresh Local Apples Offered Daily From:



Join us for "School Lunches Across America" where we feature an entrée one day a month from another state! Ever wonder what another student halfway across the country is having for lunch today? Wonder no more!

This month features a sample from the Mountain Time Zone area, and the great state of UTAH! The school is Spring Creek Middle School/ Ridgeline High School!

The featured entrée will be the Chicken Supreme Sandwich: a baked chicken patty topped with ham and melted cheese on a whole grain rich roll. The featured date will be 11/19/24

- 1**
Platter 1: **Beef Burger**
(Reg. or w/Cheese)
on a ww Bun
or
Platter 2: **Fresh Garden Salad** w Egg & ww Dinner Roll

Accompaniments
Sweet Carrots Tater Tots
Fresh Apple Slices
Choice of Milk

- 4 Breakfast for Lunch!**
Platter 1: **Egg & Cheese Omelet** w/side of sausage
or
Platter 2: **Hot Dog**
on a ww Roll

Accompaniments
Hash Brown Baked Beans
100% Juice Cup
Choice of Milk

5
No School Today
(In Service Day/Election Day)

- 6**
Platter 1: **wg French Bread Pizza**
or
Platter 2: **Hot Ham & Cheese** on a wg pretzel bun

Accompaniments
Green Beans Oven Fries
Peaches
Choice of Milk

- 7**
Platter 1: **WG Walking Taco** w/fixins
or
Platter 2: **WW Grilled Cheese**

Accompaniments
Corn
Pears
Choice of Milk

- 8**
Platter 1: **Hot Meatball Sub**
on a wg Roll
or
Platter 2: **Fresh Garden Salad** w Egg & ww Dinner Roll

Accompaniments
Sweet Carrots
Apple Slices
Choice of Milk

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11 Breakfast for Lunch!

Platter 1: **ww Waffles**
w/side of sausage
or
Platter 2: **Hot Dog on a**
ww Roll

Accompaniments
Hash Brown Baked Beans
100% Juice Cup
Choice of Milk

12

Platter 1: **General Tso's**
Chicken w/wg Rice
or
Platter 2: **Sweet & Sour**
Chicken w/wg Rice
or
Platter 3: **WW Oven**
Grilled Cheese

Accompaniments
Broccoli
Mandarin Oranges
Choice of Milk

13

Platter 1: **wg Mac N**
Cheese
w/ww Dinner Roll
or
Platter 2: **ww Uncrustable**
Peanut Butter & Jelly

Accompaniments
Mixed Veggies
Applesauce
Choice of Milk

14

Platter 1: **Chicken Bacon Ranch**
Pizza
or
Cheese Pizza
or
Platter 2: **WW Oven**
Grilled Cheese

Accompaniments
Sweet Carrots
Pineapple
Choice of Milk

15

Platter 1: **Beef Burger**
(Reg. or w/Cheese)
on a ww Bun
or
Platter 2: **Fresh Garden**
Salad w Egg & ww Dinner Roll

Accompaniments
Oven Fries Green Beans
Fresh Apple Slices
Choice of Milk

18 Breakfast for Lunch!

Platter 1: **ww French Toast**
Stix w/side of sausage
or
Platter 2: **Hot Dog on a**
ww Roll

Accompaniments
Hash Brown Baked Beans
100% Juice Cup
Choice of Milk

19 School Lunch Across America: UTAH!

(see info on other side of menu, pls).

Platter 1: **Baked Chicken**
Supreme Sandwich
on a ww Bun
or
Platter 2: **WW Oven**
Grilled Cheese

Accompaniments
Peas Tomato Soup
Pineapple Choice of Milk

20 Thanksgiving Feast!

Oven Roast Turkey

Accompaniments
Mashed Potatoes w/Gravy
Corn Dinner Roll
Apple Crisp
Choice of Milk

Meatless option today
is:
WW PBJ Uncrustable

21

Platter 1: **WG Pasta**
w/Marinara Sauce &
breadstick
or
Platter 2: **WW Oven**
Grilled Cheese

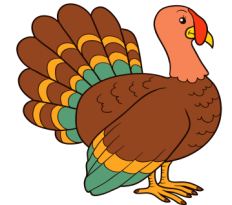
Accompaniments
Steamed Broccoli
Applesauce
Choice of Milk

22

No Lunch Today

(3 hour early dismissal)

But we are serving breakfast, so
please join us for that!



25

No School Today

26

No School Today

27

No School Today

28

No School Today

29

No School Today

