

Lunch Price:
\$2.80

NOVEMBER 2024

WW= Whole Wheat
WG= Whole Grain

MON

TUE

WED

TH

FRI

Each Student may choose:

- ♦ An Entrée/Protein (Platter 1 or Platter 2)
- ♦ Milk Choice (1% White or Fat Free Flavored)
- ♦ Fruit: Fresh, Canned, or 100% Juice
- ♦ Vegetable: Fresh or Cooked
- ♦ Grain: the entrée is on a WG or WW bun or Roll, or we include a breadstick or WG Goldfish Packet

Welcome Back!

We are very excited to see you and serve you again!

Please check our district website for more meal program information, menus, and Free/reduced application information:

<https://www.upsd.org/departments/food-service>

Fresh Local Apples Offered Daily From:

FRECON FARMS

Food Services is Hiring!!!

Earn while your children learn!

We have openings! If you are interested, please go to :

<https://www.upsd.org/departments/human-resources/employment-opportunities>

and hit the "Apply Now" button to see what positions are available!

What is included in the Reimbursable Lunch?

A lunch consists of five (5) items: A protein, fruit, vegetable, grain & milk. In order for it to be counted and charged as a lunch, the student may take all 5 selections (maximum), or Offer Vs. Serve

Offer vs. Serve: If students do not wish to take all 5 items, they may choose to take a minimum of 3 of the 5 selections (aka: Offer vs. Serve). If using the Offer vs. Serve option, then one of the three items chosen MUST be a fruit or vegetable.

PLEASE NOTE: If the above is not followed, it will not be considered a complete reimbursable lunch, and it will be charged a la carte pricing.



Join us for "School Lunches Across America" where we feature an entrée one day a month from another state! Ever wonder what another student halfway across the country is having for lunch today? Wonder no more!

This month features a sample from the Mountain Time Zone area, and the great state of WYOMING!
The school is Rawlins Elementary School!

The featured entrée will be Grilled Ham & Cheese on Texas Toast

The featured date will be 11/11/24

1 Breakfast for Lunch!

Platter 1: **WG French Toast**
w/a side of Sausage
or

Platter 2: **Assorted WG**
Cereal & Cup of Yogurt
or

Platter 3: **WW Peanut**
Butter & Jelly Uncrustable

Accompaniments
Hash Brown Potato
100% Juice Cup
Choice of Milk

4 NEW ITEM!

Platter 1: **Beef Burger**
(regular or cheese) on a ww bun
or

Platter 2: **Strawberry & Yogurt**
Granola Parfait
or

Platter 3: **WW Peanut**
Butter & Jelly Uncrustable

Accompaniments
Fresh Carrots w/Dip
Green Beans Mixed Fruit Cup
Choice of Milk

5

No School Today!

(In service Day/Election Day)



6

Platter 1: **Cheese French Bread Pizza** w/ww crust
or

Platter 2: **Hot Dog** on a
ww Roll
or

Platter 3: **WW Peanut**
Butter & Jelly Uncrustable

Accompaniments
Baked Beans Pineapple
Choice of Milk

7

Platter 1: **WG Nachos**
w/fixins
or

Platter 2: **UP Fresh Salad**
w/Chicken, ww Dinner Roll, &
assorted dressings
or

Platter 3: **WW Peanut**
Butter & Jelly Uncrustable

Accompaniments
Corn Oranges
Choice of Milk

8 Breakfast for Lunch!

Platter 1: **Egg & Cheese**
Omelet w/a side of Sausage
or

Platter 2: **Assorted WG**
Cereal & Cup of Yogurt
or

Platter 3: **WW Peanut**
Butter & Jelly Uncrustable

Accompaniments
Hash Brown Potato
100% Juice Cup Choice of Milk

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11 School Lunch Across America: WYOMING!
Platter 1: **Grilled Ham & Cheese on Texas Toast**
or
Platter 2: **Strawberry & Yogurt Granola Parfait**
or
Platter 3: **WW Peanut Butter & Jelly Uncrustable**
Accompaniments
Fresh Carrots w/Dip Green Beans
Mixed Fruit Cup Choice of Milk

12
Platter 1: **Baked WG Chicken Sticks w/a ww Roll**
or
Platter 2: **WW Oven Grilled Cheese**
or
Platter 3: **WW Peanut Butter & Jelly Uncrustable**
Accompaniments
Broccoli Peaches
Choice of Milk

13 NEW ITEM!!
Platter 1: **Baked WG Bosco Sticks w/Marinara Dip Cup**
or
Platter 2: **Hot Dog on a ww Roll**
or
Platter 3: **WW Peanut Butter & Jelly Uncrustable**
Accompaniments
Baked Beans Pineapple
Choice of Milk

14
Platter 1: **WG Baked Fish Sticks w/ww Dinner Roll**
or
Platter 2: **UP Fresh Salad w/Chicken, ww Dinner Roll, & assorted dressings**
or
Platter 3: **WW Peanut Butter & Jelly Uncrustable**
Accompaniments
Corn Oranges
Choice of Milk

15 Breakfast for Lunch!
Platter 1: **WG Waffles w/a side of Sausage**
or
Platter 2: **Assorted WG Cereal & Cup of Yogurt**
or
Platter 3: **WW Peanut Butter & Jelly Uncrustable**
Accompaniments
Hash Brown Potato
100% Juice Cup
Choice of Milk

18
Platter 1: **WG Turkey Corn Dog**
or
Platter 2: **Strawberry & Yogurt Granola Parfait**
or
Platter 3: **WW Peanut Butter & Jelly Uncrustable**
Accompaniments
Fresh Carrots w/Dip
Green Beans Mixed Fruit Cup
Choice of Milk

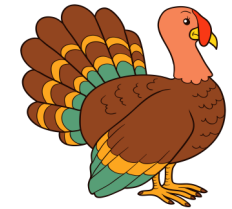
19 Thanksgiving Feast!
Oven Roast Turkey
Accompaniments
Mashed Potatoes w/Gravy
Corn Dinner Roll
Apple Crisp
Choice of Milk

**Meatless option today is:
WW PBJ Uncrustable**

20
Platter 1: **wg Mickey's Cheese Pizza w/ww crust**
or
Platter 2: **Hot Dog on a ww Roll**
or
Platter 3: **WW Peanut Butter & Jelly Uncrustable**
Accompaniments
Baked Beans Pineapple
Choice of Milk

21
Platter 1: **WG Mac n Cheese w/a ww Roll**
or
Platter 2: **UP Fresh Salad w/Chicken, ww Dinner Roll, & assorted dressings**
or
Platter 3: **WW Peanut Butter & Jelly Uncrustable**
Accompaniments
Corn Oranges
Choice of Milk

22
No Lunch Today
(3 hour early dismissal)
But we are serving breakfast, so please join us for that!



25
No School Today

26
No School Today

27
No School Today

28
No School Today

29
No School Today

