

UPPER PERKIOMEN SCHOOL DISTRICT

Education Center
2229 E. Buck Road, Pennsburg, PA
Extracurricular Committee

January 23, 2023, 6:00 pm

CHAIR: Dana Hipszer

MEMBERS:

Emily McCormick
J P Prego

Ex-Officio: Melanie Cunningham, President

Superintendent:

Dr. Allyn Roche

AGENDA / MINUTES

1. Call the Meeting to Order / Attendance – In attendance – Mrs. McCormick, Mr. Prego, Mr. Hipszer, Mrs. Cunningham, Ms. Pennpacker, Mr. McCarrick, Dr. Carpenter, Dr. Farina, Student Allison M, Dr. Roche
2. Approval of November 28, 2022 Meeting Minutes - Accepted
3. Presentations
 - a. Student Allison M. – Guiding Lights Program – A slide show presentation by Student Allison M was shared with the steps and goals of the Guiding Lights student peer mentorship program. An important characteristic of the Guiding Lights program is its basis on mentoring rather than tutoring. To accomplish their mission, five principles provide a foundation: Communication, decisions & goals, healthy lifestyles, conflict resolution and valuing others. Initially the goal is to identify about 8-12 MS students that would be interested in and apply to be a part of the Guiding Lights program. Typical meeting is 60 minutes with some full group topics, individual conversations and closing with a quote. Meetings will be held in the MS Guidance Classroom and will be one time per month. Mrs. Senavaitis and Mrs. McPherson are the two advisors. Dr. Farina shared her experience and support for the formation of the club.
4. Discussion: Girls Wrestling – Discussion with some of the public on the current status of Girls Wrestling in Upper Perk. Discussion included being a part of the first 100 sanctioned Girls programs in PA, establish the program for a HS and MS Girls Wrestling Program for 2023-24 and beyond. Recommendation from the Committee to the full Board on the February 9, 2023 school year to officially establish a Girls Wrestling program at UPHS and UPMS for the 2023-24 school year with an approximate budget that is to be established by the administration. The committee recommendation was based on the uniqueness of the program: it being an individual sport wrapped into a team concept which allows for flexibility in participation levels. At the core is the hope

that sanctioning the program will provide incentives for continuing in this burgeoning sport based on participation levels in elementary grades noted in the community wrestling program.

- a. Update on current participation at UPHS & UPMS
- b. Proposed Girls Wrestling Club
 - i. Introduction to the Sport for all 7th – 11th grade girls interested in Girls Wrestling
 - ii. Hosted by the current HS Wrestling Coach – Steve Adam (Stipend - \$500) – place on the January 26th Board Workshop for approval
 - iii. Projected Timeline: Early March – Late March (3 weeks @ 2-3 session per week)
- c. PA-Wrestling website - http://www.pa-wrestling.com/hs/girls_wrestling.htm
- d. PA Girls HS Wrestling: Info Packet for Forming a Team - https://drive.google.com/file/d/1ICZ-kx_HzhvzsMjKN_ibXuUUodyrJZHZ/view

5. New Business

- a. Identify Extra-Curricular Activities for Invitations for 2022-23 School Year
 - i. February – HS Football Coach, Mr. Kurzweg for Winter Wrap-Up and Spring Pre-view, Athletic Training Club
 - ii. March – TBD
 - iii. April – TBD
 - iv. May – TBD

6. Public Comments – “Thank you for moving Girls Wrestling forward for 2023-24”

7. Committee Member Comments – “Thanks for coming tonight and there are five open seats on the School Board for next year.”

8. Adjourn – 6:55pm

Next Committee Meeting

Monday February 27, 2023 - 6:00pm – Education Center