

UNIT MAP: HEALTH-GRADE 7

Year at a Glance Scope and Sequence for GRADE 7 HEALTH (Curricular Area)

Overarching Goal of the Curricular Area: To make lifelong positive decisions by giving students opportunities to develop physical, mental, and social skills

Grade Level: 7

Course: HEALTH

Unit Theme	Essential Questions for the Unit	Unit Materials, Resources, Technology	Unit Summative Assessments
<p>BODY SYSTEMS: CIRCULATORY SYSTEM</p>	<ul style="list-style-type: none"> ● How does your family medical history impact your health decisions? ● Why is a well maintained circulatory system important to your health? ● Why are health skills and knowledge important to you? 	<ul style="list-style-type: none"> ● www.kidshealth.org ● worksheets ● Health on File ● The Human Body-Milliken Publishing ● Disease & Health-Milliken Publishing ● Health Science Action Labs ● Heart Rate Monitors ● Google Forms/Chromebook 	<p>Body Systems Quiz</p> <ul style="list-style-type: none"> ● True/false ● Multiple choice ● Completion ● Short answer/essay
<p>BODY SYSTEMS: DIGESTIVE SYSTEM</p>	<ul style="list-style-type: none"> ● How does your family medical history impact your health decisions? ● Why is a well maintained digestive system important to your health? ● Why are health skills and knowledge important to you? 	<ul style="list-style-type: none"> ● www.kidshealth.org ● worksheets ● Health on File ● The Human Body-Milliken Publishing ● Disease & Health-Milliken Publishing ● Health Science Action Labs ● Google Forms/Chromebook 	<p>Body Systems Quiz</p> <ul style="list-style-type: none"> ● True/false ● Multiple choice ● Completion ● Short answer/essay
<p>BODY SYSTEMS: RESPIRATORY SYSTEM</p>	<ul style="list-style-type: none"> ● How does your family medical history impact your health decisions? ● Why is a healthy respiratory system important to your health? 	<ul style="list-style-type: none"> ● www.kidshealth.org ● worksheets ● Health on File ● The Human Body-Milliken Publishing ● Disease & Health-Milliken Publishing ● Health Science Action Labs ● Google Forms/Chromebook 	<p>Body Systems Quiz</p> <ul style="list-style-type: none"> ● True/false ● Multiple choice ● Completion ● Short answer/essay

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SAFETY	<ul style="list-style-type: none"> ● Why is it important to remain calm during an emergency? ● Why is it important to follow the proper care of injuries? 	<ul style="list-style-type: none"> ● www.teenhealth.org ● Worksheets ● Health on File ● Google Forms/Chrombook 	Safety Quiz <ul style="list-style-type: none"> ● True/false ● Multiple choice ● Completion ● Short answer/essay
SUBSTANCES	<ul style="list-style-type: none"> ● How does advertising affect teenager's choices to smoke or not to smoke? ● Why is it important to understand the effects of tobacco? ● Should marijuana be used for medical purposes? 	<ul style="list-style-type: none"> ● www.teenhealth.org ● worksheets ● Health on File ● Google Forms/Chromebook 	Substances Quiz <ul style="list-style-type: none"> ● True/false ● Multiple choice ● Completion ● Short answer/essay
NUTRITION	<ul style="list-style-type: none"> ● How does your family medical history impact your health decisions? ● What is the proper weight to maintain? ● Why is it important to be a healthy eater? 	<ul style="list-style-type: none"> ● www.teenhealth.org ● Worksheets ● Health on File ● Nutrition-Milliken Publishing ● Google Forms/Chromebook 	Nutrition Quiz <ul style="list-style-type: none"> ● True/false ● Multiple choice ● Completion ● Short answer/essay
GROWTH & DEVELOPMENT	<ul style="list-style-type: none"> ● Why is choosing abstinence one of the most important health decisions you can make? ● Who are the people you trust and why do you trust them? 	<ul style="list-style-type: none"> ● www.teenhealth.org ● worksheets ● Health on File ● Sexual Education Activities–Unit 4 ● Disease and Health Milliken Publishing ● Google Forms/Chromebook 	