

All Breakfasts are Free of Charge for the 2023-2024 school year!!

MAY 2024

WW= Whole Wheat
WG= Whole Grain

MON

TUE

WED

TH

FRI

Daily Milk Choices:

1% White
Fat Free Chocolate
And
Fat Free Strawberry
(when available)

COME AND JOIN US FOR A DELICIOUS BREAKFAST!

A healthy school breakfast is the perfect way to jump start your day!

Daily 100% Juice

Choices:
Orange Juice
Fruit Punch
Grape Juice
Apple Juice

Additional Daily Fruit Choices:

Applesauce Cup
Raisin Box

Choose at least 3 of 4 items (and one must be a fruit or vegetable). Choose all 4 for a great breakfast!!



1
WG Breakfast Bar

Pineapple
Choice of Juice
Choice of Milk

2
Egg & Cheese on a ww
Croissant

Peaches
Choice of Juice
Choice of Milk

3
ww Bagel w/Cream
Cheese

Pineapple
Choice of Juice
Choice of Milk

6
WW Confetti Pancakes

Apple Slices
Choice of Juice
Choice of Milk

7
ww Chocolate Chip
Muffin

Pears
Choice of Juice
Choice of Milk

8
ww Mini Blueberry
Crumb Loaf

Oranges
Choice of Juice
Choice of Milk

9
ww French Toast

Peaches
Choice of Juice
Choice of Milk

10
WW Frudel

Pineapple
Choice of Juice
Choice of Milk

Daily Cereal choices:

Whole Grain Cheerios

Lucky Charms
(Whole Grain, Reduced Sugar)

Cinnamon Toast
Crunch
(Whole Grain, Reduced Sugar)

Hello!!

We are very excited to see and serve you!
BREAKFAST IS FREE* FOR EVERYONE, EVERY DAY!

*Note: You must take at least 3 of the 4 offered items, and one must be a fruit or vegetable in order to qualify for Free!

Please check our district website for more meal program information, menus, and Free/reduced application information:
<https://www.upsd.org/departments/food-service>

Food Services is Hiring!!!

Earn while your children learn!
We have openings! If you are interested, please go to :
<https://www.upsd.org/departments/human-resources/employment-opportunities>
and hit the "Apply Now" button to see what positions are available!



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<p>13 WW Banana Muffin</p> <p>Apple Slices Choice of Juice Choice of Milk</p>	<p>14 Mini WG Cinnamon Roll</p> <p>Pears Choice of Juice Choice of Milk</p>	<p>15 WG Breakfast Bar</p> <p>Oranges Choice of Juice Choice of Milk</p>	<p>16 Egg & Cheese on a ww Croissant</p> <p>Peaches Choice of Juice Choice of Milk</p>	<p>17 ww Bagel w/Cream Cheese</p> <p>Pineapple Choice of Juice Choice of Milk</p>
<p>20 WW Confetti Pancakes</p> <p>Apple Slices Choice of Juice Choice of Milk</p>	<p>21 ww Chocolate Chip Muffin</p> <p>Pears Choice of Juice Choice of Milk</p>	<p>22 ww Mini Blueberry Crumb Loaf</p> <p>Oranges Choice of Juice Choice of Milk</p>	<p>23 ww French Toast</p> <p>Peaches Choice of Juice Choice of Milk</p>	<p>24 WW Frudel</p> <p>Pineapple Choice of Juice Choice of Milk</p>
<p>27 No School Today (Memorial Day)</p> 	<p>28 Mini WG Cinnamon Roll</p> <p>Pears Choice of Juice Choice of Milk</p>	<p>29 WG Breakfast Bar</p> <p>Oranges Choice of Juice Choice of Milk</p>	<p>30 Egg & Cheese on a ww Croissant</p> <p>Peaches Choice of Juice Choice of Milk</p>	<p>31 ww Bagel w/Cream Cheese</p> <p>Pineapple Choice of Juice Choice of Milk</p>

Daily Cereal choices:

Whole Grain Cheerios

Lucky Charms
(Whole Grain, Reduced Sugar)

Cinnamon Toast Crunch
(Whole Grain, Reduced Sugar)

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