

All Lunches are  
Free of Charge

# MAY 23-JUNE 3, 2022

WW= Whole Wheat  
WG= Whole Grain

MON

TUE

WED

TH

FRI

**Each Student may choose:**

- ◆ An Entrée/Protein (Platter 1 or Platter 2)
- ◆ Milk Choice (1% White or Fat Free Flavored)
- ◆ Fruit: Fresh, Canned, or 100% Juice
- ◆ Vegetable: Fresh or Cooked.
  - ◆ Grain: The entrée is on a WG or WW bun or Roll, or we include a breadstick or WG Goldfish Packet

**AVAILABLE DAILY:**

Peanut Butter & Jelly Uncrustable, Fresh Baby Carrots w/dip, & Fresh Fruit

**WELCOME!**

**We are very excited to see you and serve you!**

**Currently, all breakfasts & lunches are FREE OF CHARGE!**

**The only thing there would be a charge for is if a student does not take a complete meal (see: Offer vs. Serve info in the box to the right) or would like extras or snacks**

**We will be posting our menus in 2 week increments.**

**Please check our district website for more meal program information:**


**<https://www.upsd.org/departments/food-service>**

**What is included in the Free Reimbursable Lunch?**

A lunch consists of five (5) items: A protein, fruit, vegetable, grain & milk. In order for it to be counted and charged as a lunch, the student may take all 5 selections (maximum), or Offer Vs. Serve

**Offer vs. Serve:** If students do not wish to take all 5 items, they may choose to take a minimum of 3 of the 5 selections (aka: Offer vs. Serve). If using the Offer vs. Serve option, then one of the three items chosen MUST be a fruit or vegetable.

**PLEASE NOTE:** If the above is not followed, it will not be considered a complete reimbursable lunch, and it will not be free. The student will be charged a la carte pricing.

<p><b>May 23</b></p> <p>Platter 1: <b>ww Cheese Pizza</b> or Platter 2: <b>Hot Dog on a ww Roll</b></p> <p>Accompaniments Baked Beans Applesauce Baby Carrots w/Dip Choice of Milk</p>	<p><b>24</b></p> <p>Platter 1: <b>Baked Crispy Chicken Patty Sandwich</b> on a ww Bun or Platter 2: <b>WW Oven Grilled Cheese</b></p> <p>Accompaniments Peas Baby Carrots w/Dip Oven Fries Mandarin Oranges Choice of Milk</p>	<p><b>25</b></p> <p>Platter 1: <b>Baked Ziti</b> w/wg Breadstick or Platter 2: <b>Fresh Garden Salad w/ww Roll</b></p> <p>Accompaniments Corn Pineapple Baby Carrots w/Dip Choice of Milk</p>	<p><b>26 Breakfast for Lunch!</b></p> <p>Platter 1: <b>WG Pancakes</b> w/side of Sausage or Platter 2: <b>Pizza Burger on a ww Roll</b></p> <p>Accompaniments Hash Brown Peaches Baby Carrots w/Dip Choice of Milk</p>	<p><b>27</b></p> <p>Platter 1: <b>Hot Pepperoni Calzone</b> or Platter 2: <b>WW Oven Grilled Cheese</b></p> <p>Accompaniments Broccoli Baby Carrots w/Dip Pears Choice of Milk</p>
<p><b>May 30</b></p> <p><b>Memorial Day</b></p> <p><b>No School Today</b></p> 	<p><b>31</b></p> <p>Platter 1: <b>Baked Chicken Nuggets w/ww Dinner Roll</b> or Platter 2: <b>ww Oven Grilled Cheese</b></p> <p>Accompaniments Oven Fries Broccoli Baby Carrots w/Dip Peaches Choice of Milk</p>	<p><b>June 1</b></p> <p>Platter 1: <b>WG Lasagna</b> w/wg Garlic Bread or Platter 2: <b>Fresh Garden Salad w/ww Roll</b></p> <p>Accompaniments Corn Baby Carrots w/Dip Pineapple Choice of Milk</p>	<p><b>2 Breakfast for Lunch!</b></p> <p>Platter 1: <b>WG Baked French Toast Sticks</b> w/side of sausage or Platter 2: <b>Italian Hoagie</b> on a wg Roll</p> <p>Accompaniments Assorted Hot Veggies Assorted Cool Fruits Choice of Milk</p>	<p><b>3</b></p> <p>Platter 1: <b>Beef Burger</b> (Reg. or w/Cheese) on a ww Roll or Platter 2: <b>WW Oven Grilled Cheese</b></p> <p>Accompaniments Assorted Hot Veggies Assorted Cool Fruits Choice of Milk</p>