

All Breakfasts are Free of Charge

MAY 23-JUNE 3, 2022

WW= Whole Wheat
WG= Whole Grain

MON

TUE

WED

TH

FRI

<p><u>Daily Milk Choices:</u> 1% White Fat Free Chocolate <small>And</small> Fat Free Strawberry (when available)</p>	<p>COME AND JOIN US FOR A DELICIOUS BREAKFAST!</p> <p>A healthy school breakfast is the perfect way to jump start your day!</p>	<p><u>Daily 100% Juice Choices:</u> Orange Juice Fruit Punch Grape Juice Apple Juice</p>	<p><u>Additional Daily Fruit Choices:</u> Applesauce Cup Raisin Box</p>	<p>Choose at least 3 of 4 items (and one must be a fruit or vegetable). Choose all 4 for a great breakfast!!</p>
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<p>May 23 WW Eggo Pancake Bites Pineapple Choice of Juice Choice of Milk</p>	<p>24 Sunny Fresh Breakfast Wrap Pears Choice of Juice Choice of Milk</p>	<p>25 WG Chocolate Chip Muffin Fresh Oranges Choice of Juice Choice of Milk</p>	<p>26 WG French Toast Sticks Peaches Choice of Juice Choice of Milk</p>	<p>27 WG Cherry Frudel Apple Slices Choice of Juice Choice of Milk</p>
<p>May 30 Memorial Day No School Today </p>	<p>31 Mini Waffles Pears Choice of Juice Choice of Milk</p>	<p>June 1 Mini WG Cinnamon Roll Fresh Oranges Choice of Juice Choice of Milk</p>	<p>2 WG Pancake Bites Peaches Choice of Juice Choice of Milk</p>	<p>3 Bagel w/Cream Cheese Apple Slices Choice of Juice Choice of Milk</p>

Daily Cereal choices:

Whole Grain Cheerios

Lucky Charms
(Whole Grain, Reduced Sugar)

Cinnamon Toast Crunch
(Whole Grain, Reduced Sugar)

Welcome!

We are very excited to see you and serve you!

Currently, all breakfasts & lunches are FREE OF CHARGE!

The only thing there would be a charge for is if a student does not take a complete breakfast (they need to choose at least 3 out of the 4 items (and one must be a fruit or vegetable), or would like extras (extra drink, extra entrée, etc.).

We will be posting our menus in 2 week increments.
Please check our district website for more meal program information:
<https://www.upsd.org/departments/food-service>

