Each Student may choose:

- An Entrée/Protein (Platter 1 or Platter 2)
- Milk Choice ( $1 \%$ White or Fat Free Flavored)
- Fruit: Fresh, Canned, or 100\% Juice
- Vegetable: Fresh or Cooked
- Grain: The entrée is on a WG or WW bun or Roll, or we include a breadstick or Goldfish Packet

> AVAILABLE DAILY:

Peanut Butter \& Jelly Uncrustable, Apple Slices

$$
\begin{aligned}
& \text { Food Services is Hiring!!! } \\
& \hline \text { Earn while your children learn! } \\
& \text { We have openings! } \\
& \text { If you are interested, please go } \\
& \text { to : } \\
& \text { https://www.upsd.org/ } \\
& \frac{\text { departments/human-resources/ }}{\text { employment-opportunities }} \\
& \text { and hit the "Apply Now" } \\
& \text { button to see what positions } \\
& \text { are available! }
\end{aligned}
$$

Welcome!
We are very excited to see and serve you again!

Please check our district website for more meal program information, menus, and Free/reduced application information:
https://www.upsd.org/ departments/food-service

## Fresh Local Apples Offered Daily From:

FRECON FARMS

## What is included in the Reimbursable Lunch?

A lunch consists of five (5) items: A protein, fruit, vegetable, grain \& milk. In order for it to be counted and charged as a lunch, the student may take all 5 selections (maximum), or Offer Vs. Serve
Offer vs. Serve: If students do not wish to
take all 5 items, they may choose to take a minimum of 3 of the 5 selections (aka: Offer vs. Serve). If using the Offer vs. Serve option, then one of the three items chosen MUST be a fruit or vegetable.

PLEASE NOTE: If the above is not followed, it will not be considered a complete reimbursable lunch. The student will be charged a la carte pricing.

1
Platter 1: WG Baked Maxx Stix w/Marinara Dip Cup or
Platter 2: Beef Burger
(Reg. or w/Cheese) on a ww Bun

Accompaniments Side Salad Corn

Pears
Choice of Milk

8
Platter 1: WG Beef Nachos
w/fixins
or
Platter 2: Beef Burger
(Reg. or w/Cheese)
on a ww Bun
Accompaniments
Side Salad Corn
Pears
Choice of Milk


UPPER PERKIOMEN HIGH SCHOOL

