

All Breakfasts are Free of Charge for the 2023-2024 school year!!

MARCH 2024

WW= Whole Wheat
WG= Whole Grain

MON

TUE

WED

TH

FRI

Daily Milk Choices:

1% White
Fat Free Chocolate
And
Fat Free Strawberry
(when available)

COME AND JOIN US FOR A DELICIOUS BREAKFAST!

A healthy school breakfast is the perfect way to jump start your day!

Daily 100% Juice

Choices:
Orange Juice
Fruit Punch
Grape Juice
Apple Juice

Additional Daily

Fruit Choices:

Applesauce Cup
Raisin Box

Choose at least 3 of 4 items (and one must be a fruit or vegetable). Choose all 4 for a great breakfast!!



1

WW Frudel
Pineapple
Choice of Juice
Choice of Milk

4

WW Confetti Pancakes
Apple Slices
Choice of Juice
Choice of Milk

5

ww Chocolate Chip Muffin
Pears
Choice of Juice
Choice of Milk

6

wg Waffles
Oranges
Choice of Juice
Choice of Milk

7

Egg & Cheese on a ww Croissant
Peaches
Choice of Juice
Choice of Milk

8

ww Bagel w/Cream Cheese
Pineapple
Choice of Juice
Choice of Milk

Daily Cereal choices:

Whole Grain Cheerios
Lucky Charms
(Whole Grain, Reduced Sugar)
Cinnamon Toast Crunch
(Whole Grain, Reduced Sugar)

Hello!!

We are very excited to see and serve you!

BREAKFAST IS FREE* FOR EVERYONE, EVERY DAY!

*Note: You must take at least 3 of the 4 offered items, and one must be a fruit or vegetable in order to qualify for Free!

Please check our district website for more meal program information, menus, and Free/reduced application information:

<https://www.upsd.org/departments/food-service>

Food Services is Hiring!!!

Earn while your children learn!

We have openings! If you are interested, please go to :

<https://www.upsd.org/departments/human-resources/employment-opportunities>

and hit the "Apply Now" button to see what positions are available!



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<p>11</p> <p>WW Banana Muffin</p> <p>Apple Slices Choice of Juice Choice of Milk</p>	<p>12</p> <p>Mini WG Cinnamon Roll</p> <p>Pears Choice of Juice Choice of Milk</p>	<p>13</p> <p>ww Mini Blueberry Crumb Loaf</p> <p>Oranges Choice of Juice Choice of Milk</p>	<p>14</p> <p>ww French Toast</p> <p>Peaches Choice of Juice Choice of Milk</p>	<p>15</p> <p>WW Frudel</p> <p>Pineapple Choice of Juice Choice of Milk</p>
<p>18</p> <p>WW Confetti Pancakes</p> <p>Apple Slices Choice of Juice Choice of Milk</p>	<p>19</p> <p>ww Chocolate Chip Muffin</p> <p>Pears Choice of Juice Choice of Milk</p>	<p>20</p> <p>wg Waffles</p> <p>Oranges Choice of Juice Choice of Milk</p>	<p>21</p> <p>Egg & Cheese on a ww Croissant</p> <p>Peaches Choice of Juice Choice of Milk</p>	<p>22</p> <p>ww Bagel w/Cream Cheese</p> <p>Pineapple Choice of Juice Choice of Milk</p>
<p>25</p> <p>WW Banana Muffin</p> <p>Apple Slices Choice of Juice Choice of Milk</p>	<p>26</p> <p>Mini WG Cinnamon Roll</p> <p>Pears Choice of Juice Choice of Milk</p>	<p>27</p> <p>ww Mini Blueberry Crumb Loaf</p> <p>Oranges Choice of Juice Choice of Milk</p>	<p>28</p> <p>No School Today (Spring Break)</p> 	<p>29</p> <p>No School Today (Spring Break)</p> 

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