Student
$1.70

MARCH 2019

COME AND JOIN US FOR A DELICIOUS BREAKFAST!

A healthy school breakfast is the perfect way to jump start your day!

Daily Hot Breakfast Choices

Breakfast Pizza

Egg & Cheese on a croissant

Egg, Cheese & Breakfast Meat* on a Croissant

(*Bacon, Ham, or Sausage)

A Sweet Surprise!

(all Sweet Surprises are whole grain)

Either :
French Toast, Waffles
Or Pancakes

Fridays are Funnel Cake Friday!!!

Daily Cold Choices

Assorted Cereal

(all cereals are whole grain and reduced sugar)

Cheerios
Honey Nut Cheerios
Lucky Charms
Cinnamon Toast Crunch
Cocoa Puffs

Assorted Yogurt and Fresh fruit Parfaits

(Strawberry, Blueberry, or Mixed Fruit)

Daily Milk Choices:

Skim
1% White
1% Chocolate
1% Strawberry

Daily Breads and Grains Choices

Whole Grain Pop Tart

Whole Grain Muffin

Whole Grain Cereal Bar

Whole Grain Breakfast Bars

Daily Fruit Choices

Apple Slices
Oranges
Bananas
Raisin Box

Daily 100% Juice Choices

Orange Juice
Paradise Punch
Grape Juice
Apple Juice

National School Breakfast Week

March 4-8, 2019

"Start Your Engines With School Breakfast!"