

Lunch Price:
3.30

JANUARY 2024

WW= Whole Wheat
WG= Whole Grain

MON

TUE

WED

TH

FRI

Each Student may choose:

- ♦ An Entrée/Protein (Platter 1 or Platter 2)
- ♦ Milk Choice (1% White or Fat Free Flavored)
- ♦ Fruit: Fresh, Canned, or 100% Juice
- ♦ Vegetable: Fresh or Cooked
- ♦ Grain: The entrée is on a WG or WW bun or Roll, or we include a breadstick or WG Goldfish Packet

AVAILABLE DAILY:

Peanut Butter & Jelly Uncrustable,
Apple Slices, Goldfish

Food Services is Hiring!!!

Earn while your children learn!

We have openings!

If you are interested, please go to :

<https://www.upsd.org/departments/human-resources/employment-opportunities>

and hit the "Apply Now" button to see what positions are available!

Welcome!

We are very excited to see and serve you again!

Please check our district website for more meal program information, menus, and Free/reduced application information:

<https://www.upsd.org/departments/food-service>

Fresh Local Apples Offered Daily From:



What is included in the Reimbursable Lunch?

A lunch consists of five (5) items: A protein, fruit, vegetable, grain & milk. In order for it to be counted and charged as a lunch, the student may take all 5 selections (maximum), or Offer Vs. Serve

Offer vs. Serve: If students do not wish to take all 5 items, they may choose to take a minimum of 3 of the 5 selections (aka: Offer vs. Serve). If using the Offer vs. Serve option, then one of the three items chosen MUST be a fruit or vegetable.

PLEASE NOTE: If the above is not followed, it will not be considered a complete reimbursable lunch. The student will be charged a la carte pricing.

1

Happy New Year!
No School Today
Welcome to 2024



2

Platter 1: Baked Oven Roast Chicken w/ww dinner roll
or
Platter 2: WW Oven Grilled Cheese

Accompaniments
Crispy Oven Fries
Mandarin Oranges
Choice of Milk

3

Platter 1: General Tso's Chicken w/wg rice
or
Platter 2: Garden Fresh Salad w/Dinner Roll

Accompaniments
Deep Green Broccoli
Pineapple
Choice of Milk

4 Breakfast for Lunch!

Platter 1: WG Baked French Toast w/side of sausage
or
Platter 2: WW Oven Grilled Cheese w/Tomato Soup

Accompaniments
Hash Browns
100% Juice Cup
Choice of Milk

5

Platter 1: WG Baked Maxx Stix w/Marinara Dip Cup
or
Platter 2: Beef Burger (Reg. or w/Cheese) on a ww Bun

Accompaniments
Side Salad Corn
Pears
Choice of Milk

8

Platter 1: WG Mickey's Pizza
or
Platter 2: Hot Dog on a ww Roll

Accompaniments
Green Beans Baked Beans
Applesauce Pudding Cup
Choice of Milk

9

Platter 1: Baked WG Chicken Sandwich (reg or spicy) on a ww Roll
or
Platter 2: WW Oven Grilled Cheese

Accompaniments
Tater Tots
Mandarin Oranges
Choice of Milk

10

Platter 1: WG Pasta & Meatballs w/Dinner Roll
or
Platter 2: Garden Fresh Salad w/dinner Roll

Accompaniments
Deep Green Broccoli
Pineapple
Choice of Milk

11 Breakfast for Lunch!

Platter 1: WG Waffles w/side of sausage
or
Platter 2: Italian Hoagie on a ww Roll

Accompaniments
Hash Brown Peas
100% Juice Cup Peaches
Choice of Milk

12

Platter 1: WG Walking Taco w/fixins
or
Platter 2: Beef Burger (Reg. or w/Cheese) on a ww Bun

Accompaniments
Side Salad Corn
Pears
Choice of Milk

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15
No School Today
Martin Luther King Day



16 **NEW ITEM**
Platter 1: **Tribe Bowl**
(popcorn chicken, mashed potatoes, corn & gravy)
or
Platter 2: **WW Oven Grilled Cheese**

Accompaniments
Crispy Tater Tots
Mandarin Oranges
Choice of Milk

17
Platter 1: **WG Mac N Cheese**
or
Platter 2: **Garden Fresh Salad w/dinner Roll**

Accompaniments
Deep Green Broccoli
Pineapple
Choice of Milk

18 **Breakfast for Lunch!**
Platter 1: **WG Baked French Toast w/side of sausage**
or
Platter 2: **WW Oven Grilled Cheese w/Vegetable Soup**

Accompaniments
Hash Browns
100% Juice Cup
Choice of Milk

19
Platter 1: **WG Baked Maxx Stix w/Marinara Dip Cup**
or
Platter 2: **Beef Burger**
(Reg. or w/Cheese) on a ww Bun

Accompaniments
Side Salad Corn
Pears
Choice of Milk

22
Platter 1: **Mickey's WG Crust Pizza**
or
Platter 2: **Hot Dog on a ww Roll**

Accompaniments
Green Beans Baked Beans
Applesauce
Pudding Cup
Choice of Milk

23
Platter 1: **Baked WG Chicken Sandwich (reg or spicy) on a ww Roll**
or
Platter 2: **WW Oven Grilled Cheese**

Accompaniments
Tater Tots
Mandarin Oranges
Choice of Milk

24
Platter 1: **Hot Meatball Sub on a ww Roll**
or
Platter 2: **Garden Fresh Salad w/dinner Roll**

Accompaniments
Deep Green Broccoli
Pineapple
Choice of Milk

25
Platter 1: **WG Pancakes w/side of sausage**
or
Platter 2: **Hot Ham & Cheese on a ww Pretzel Roll**

Accompaniments
Hash Brown Peas
100% Juice Cup Peaches
Choice of Milk

26
No Lunch Today
(3 hour early dismissal)
But we are serving breakfast, so please join us for that!



29
Platter 1: **WG Stuffed Crust Pizza**
or
Platter 2: **Hot Dog on a ww Roll**

Accompaniments
Green Beans Baked Beans
Applesauce
Pudding Cup
Choice of Milk

30
Platter 1: **Baked WG Chicken Parm Sandwich on a ww Roll**
or
Platter 2: **WW Oven Grilled Cheese**

Accompaniments
Oven Fries
Mandarin Oranges
Choice of Milk

31
Platter 1: **General Tso's Chicken w/wg rice**
or
Platter 2: **Garden Fresh Salad w/dinner Roll**

Accompaniments
Deep Green Broccoli
Pineapple
Choice of Milk

February 1
NEW ITEM
Platter 1: **WG Hot Open Face Turkey Sandwich on ww bread**
or
Platter 2: **WW Oven Grilled Cheese w/Tomato Soup**

Accompaniments
Hash Brown Peas
100% Juice Cup Peaches
Choice of Milk

February 2
Platter 1: **WG Baked Maxx Stix w/Marinara Dip Cup**
or
Platter 2: **Beef Burger**
(Reg. or w/Cheese) on a ww Bun

Accompaniments
Side Salad Corn
Pears
Choice of Milk