



JANUARY 2024

Breakfast Price:
FREE

Welcome!

We are very excited to see and serve you again!
Please check our district website for more meal
program information, menus, and Free/reduced
application information:

<https://www.upsd.org/departments/food-service>

Food Services is Hiring!!!

Earn while your children learn!

We have openings! If you are interested, please go to :

<https://www.upsd.org/departments/human-resources/employment-opportunities>

and hit the "Apply Now" button to see what
positions are available!

What makes a Breakfast?

Choose at least 3 of 4 items
(and one must be a fruit or
vegetable).

Choose all 4 for
THE BEST breakfast!!

MONDAY

Pancakes
With Sausage

Assorted Cereal
w/Milk Choice

Assorted Muffins, Cereal
Bars & Granola Bars

Choice of Juice

Assorted Fresh Fruit

Choice of Milk

TUESDAY

Egg & Cheese
or
Sausage Egg & Cheese
On a ww Croissant

Assorted Cereal
w/Milk Choice

Assorted Muffins, Cereal
Bars & Granola Bars

Choice of Juice

Assorted Fresh Fruit

Choice of Milk

WEDNESDAY

Waffles
With Sausage

Assorted Cereal
w/Milk Choice

Assorted Muffins, Cereal
Bars & Granola Bars

Choice of Juice

Assorted Fresh Fruit

Choice of Milk

THURSDAY

Egg & Cheese
or
Bacon Egg & Cheese
On a ww Croissant

Assorted Cereal
w/Milk Choice

Assorted Muffins, Cereal
Bars & Granola Bars

Choice of Juice

Assorted Fresh Fruit

Choice of Milk

FRIDAY

French Toast
With Sausage

Assorted Cereal
w/Milk Choice

Assorted Muffins, Cereal
Bars & Granola Bars

Choice of Juice

Assorted Fresh Fruit

Choice of Milk

Daily 100% Juice Choices:

Orange Juice

Apple Juice

Daily Milk Choices:

1% White

**Fat Free
Chocolate**

**Fat Free
Strawberry**
(when available)

Cereal Choices— All are whole grain & reduced sugar:

Cheerios

**Cinnamon Toast
Crunch**

Lucky Charms

This menu covers the
following weeks
in January 2024:

January 2-5, January 8-12,
January 16-19, January 22-26,
January 29-31 Feb 1-2

No School on:
January 1st & 15th

BREAKFAST IS FREE* FOR EVERYONE, EVERY DAY!

*Note: You must take at
least 3 of the 4 offered
items, and one must be a
fruit or vegetable in order
to qualify for Free!

Assorted Fruit Choices:

Apple Slices

Bananas

Raisin Box

Assorted Muffins & Granola Bars (all are whole grain):

**WG Chocolate Chip
Muffin**

Rice Crispy Cereal Bar