

Lunch Price:
\$2.80

JANUARY 2024

WW= Whole Wheat
WG= Whole Grain

MON

TUE

WED

TH

FRI

Each Student may choose:

- ♦ An Entrée/Protein (Platter 1 or Platter 2)
- ♦ Milk Choice (1% White or Fat Free Flavored)
- ♦ Fruit: Fresh, Canned, or 100% Juice
- ♦ Vegetable: Fresh or Cooked
- ♦ Grain: the entrée is on a WG or WW bun or Roll, we utilize WG pasta and rice, or we include a WG breadstick or Goldfish Packet

WELCOME!!

We are very excited to see and serve you again!

Please check our district website for more meal program information, menus, and Free/reduced application information:

<https://www.upsd.org/departments/food-service>

Food Services is Hiring!!!

Earn while your children learn!

We have openings! If you are interested, please go to :

<https://www.upsd.org/departments/human-resources/employment-opportunities>

and hit the "Apply Now" button to see what positions are available!

Fresh Local Apples
Offered Daily From:



What is included in the Reimbursable Lunch?

A lunch consists of five (5) items: A protein, fruit, vegetable, grain & milk. In order for it to be counted and charged as a lunch, the student may take all 5 selections (maximum), or Offer Vs. Serve

Offer vs. Serve: If students do not wish to take all 5 items, they may choose to take a minimum of 3 of the 5 selections (aka: Offer vs. Serve). If using the Offer vs. Serve option, then one of the three items chosen MUST be a fruit or vegetable.

PLEASE NOTE: If the above is not followed, it will not be considered a complete reimbursable lunch, and it will be charged a la carte pricing.

1

Happy New Year
No School Today
Welcome 2024!



2

Platter 1: Oven Baked wg
Chicken w/dinner Roll
or
Platter 2: WW Oven
Grilled Cheese
or
Platter 3: WW Peanut
Butter & Jelly Uncrustable
Accompaniments
Broccoli Peaches
Choice of Milk

3

Platter 1: Cheese Pizza
w/ww crust
or
Platter 2: Hot Dog on a
ww Roll
or
Platter 3: WW Peanut
Butter & Jelly Uncrustable
Accompaniments
Baked Beans Pineapple
Choice of Milk

4

Platter 1: WG Nachos
w/Fixins
or
Platter 2: WW Peanut
Butter & Jelly Uncrustable
Accompaniments
Corn
Oranges
Choice of Milk

5 Breakfast for Lunch!

Platter 1: WG French Toast
Stix w/a side of Sausage
or
Platter 2: Assorted WG Cereal
& Cup of Yogurt
or
Platter 3: WW Peanut Butter
& Jelly Uncrustable
Accompaniments
Hash Brown Potato
100% Juice Cup Choice of Milk

8

Treat Day!

Platter 1: WG Turkey
Corn Dog
or
Platter 2: WW Peanut
Butter & Jelly Uncrustable
Accompaniments
Fresh Carrots w/Dip
Applesauce Choice of Milk
Free mini Rice Krispie with a
complete lunch tray!

9

Platter 1: Baked wg Chicken
Patty Sandwich
(Reg or Spicy) on a ww Roll
or
Platter 2: WW Oven
Grilled Cheese
or
Platter 3: WW Peanut Butter
& Jelly Uncrustable
Accompaniments
Broccoli Peaches
Choice of Milk

10 NEW ITEM!

Platter 1: Pepperoni or
Cheese Pizza w/ww crust
or
Platter 2: Hot Dog on a
ww Roll
or
Platter 3: WW Peanut
Butter & Jelly Uncrustable
Accompaniments
Baked Beans Pineapple
Choice of Milk

11

Platter 1: wg Pasta with or
without meatballs
& wg Breadstick
or
Platter 2: WW Peanut
Butter & Jelly Uncrustable
Accompaniments
Leafy Green Side Salad
Corn Oranges
Choice of Milk

12 Breakfast for Lunch!

Platter 1: WW Pancakes
w/side of sausage
or
Platter 2: Assorted WG Cereal
& Cup of Yogurt
or
Platter 3: WW Peanut
Butter & Jelly Uncrustable
Accompaniments
Hash Brown Potato 100% Juice Cup
Choice of Milk

HEREFORD & MARLBOROUGH ELEMENTARY, & 4TH AND 5TH GRADE CENTER

Lunch Price:
\$2.80

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15

No School Today!

Martin Luther King Day



16

Platter 1: Baked wg Chicken
Tenders w/ww Dinner Roll

or

Platter 2: WW Oven
Grilled Cheese

or

Platter 3: WW Peanut
Butter & Jelly Uncrustable

Accompaniments
Broccoli Peaches
Choice of Milk

17

Platter 1: Cheese Pizza
w/ww crust

or

Platter 2: Hot Dog on a
ww Roll

or

Platter 3: WW Peanut
Butter & Jelly Uncrustable

Accompaniments
Baked Beans Pineapple
Choice of Milk

18

Platter 1: WG Mac N
Cheese

or

Platter 3: WW Peanut
Butter & Jelly Uncrustable

Accompaniments
Corn
Oranges
Choice of Milk

19 Breakfast for Lunch!

Platter 1: WG Waffles
w/a side of Sausage

or

Platter 2: Assorted WG Cereal
& Cup of Yogurt

or

Platter 3: WW Peanut Butter
& Jelly Uncrustable

Accompaniments
Hash Brown Potato 100% Juice Cup
Choice of Milk

22 TREAT DAY!

Platter 1: Beef Burger
(Reg. or w/Cheese) on a WW Bun

or

Platter 2: WW Peanut
Butter & Jelly Uncrustable

Accompaniments
Fresh Carrots w/Dip
Applesauce
Choice of Milk

Free wg soft pretzel with a
complete lunch tray!

23

Platter 1: Baked wg Chicken
Nuggets w/ww Dinner Roll

or

Platter 2: WW Oven
Grilled Cheese

or

Platter 3: WW Peanut
Butter & Jelly Uncrustable

Accompaniments
Homemade Minestrone Soup
Peaches Choice of Milk

24

Platter 1: wg Baked Mozzarella
Stix w/Marinara Dip Cup

or

Platter 2: Hot Dog on a
ww Roll

or

Platter 3: ww Peanut
Butter & Jelly Uncrustable

Accompaniments
Broccoli Pineapple
Choice of Milk

25 New Side Dish!

Platter 1: Cowboy Tacos
w/Fixins

or

Platter 2: ww Peanut
Butter & Jelly Uncrustable

Accompaniments
Black Beans & Corn
Oranges
Choice of Milk

26

No Lunch Today

(3 hour early dismissal)

But we are serving breakfast, so
please join us for that!



29 New Side Dish!

Platter 1: WG Turkey
Corn Dog

or

Platter 2: WW Peanut
Butter & Jelly Uncrustable

Accompaniments
Smily Fries!
Fresh Carrots w/Dip
Applesauce
Choice of Milk

30 NEW ITEM!

Platter 1: Baked wg Chicken
Sticks w/ww Dinner Roll

or

Platter 2: WW Oven
Grilled Cheese

or

Platter 3: WW Peanut
Butter & Jelly Uncrustable

Accompaniments
Broccoli Peaches
Choice of Milk

31

Platter 1: Pepperoni or
Cheese Pizza w/ww crust

or

Platter 2: Hot Dog on a
ww Roll

or

Platter 3: WW Peanut
Butter & Jelly Uncrustable

Accompaniments
Baked Beans Pineapple
Choice of Milk

February 1

Platter 1: Hot Meatball Sub
on a ww bun

or

Platter 3: WW Peanut
Butter & Jelly Uncrustable

Accompaniments
Leafy Green Side Salad
Corn
Oranges
Choice of Milk

February 2

Breakfast for Lunch!

Platter 1: WG Waffles
w/a side of Sausage

or

Platter 2: Assorted WG Cereal
& Cup of Yogurt

or

Platter 3: WW Peanut Butter
& Jelly Uncrustable

Accompaniments
Hash Brown Potato 100% Juice Cup
Choice of Milk