



FEBRUARY 2024

Breakfast Price:
FREE

Welcome!

We are very excited to see and serve you again!
Please check our district website for more meal
program information, menus, and Free/reduced
application information:

<https://www.upsd.org/departments/food-service>

Food Services is Hiring!!!

Earn while your children learn!

We have openings! If you are interested, please go to :

<https://www.upsd.org/departments/human-resources/employment-opportunities>

and hit the "Apply Now" button to see what
positions are available!

What makes a Breakfast?

Choose at least 3 of 4 items
(and one must be a fruit or
vegetable).

Choose all 4 for
THE BEST breakfast!!

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Hot Entrée Choice	Pancakes With Sausage	Egg & Cheese or Sausage Egg & Cheese On a ww Croissant	Waffles With Sausage	Egg & Cheese or Bacon Egg & Cheese On a ww Croissant	French Toast With Sausage
Cold Choice #1	Assorted Cereal w/Milk Choice	Assorted Cereal w/Milk Choice	Assorted Cereal w/Milk Choice	Assorted Cereal w/Milk Choice	Assorted Cereal w/Milk Choice
Cold Choice #4	Assorted Muffins, Cereal Bars & Granola Bars	Assorted Muffins, Cereal Bars & Granola Bars	Assorted Muffins, Cereal Bars & Granola Bars	Assorted Muffins, Cereal Bars & Granola Bars	Assorted Muffins, Cereal Bars & Granola Bars
100% Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice
Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
<u>Daily 100% Juice Choices:</u> Orange Juice Apple Juice	<u>Daily Milk Choices:</u> 1% White Fat Free Chocolate Fat Free Strawberry (when available)	<u>Cereal Choices–</u> All are whole grain & reduced sugar: Cheerios Cinnamon Toast Crunch Lucky Charms	This menu covers the following weeks in February 2024: February 1-2, February 5-9, February 12-15, February 20-23, February 26-March 1 <u>No School on:</u> February 16 & 19	<u>BREAKFAST IS FREE* FOR EVERYONE, EVERY DAY!</u> <u>*Note: You must take at least 3 of the 4 offered items, and one must be a fruit or vegetable in order to qualify for Free!</u>	<u>Assorted Fruit Choices:</u> Apple Slices Bananas Raisin Box <u>Assorted Muffins & Granola Bars</u> (all are whole grain): WG Chocolate Chip Muffin Rice Crispy Cereal Bar