

All Breakfasts are Free of Charge for the 2023-2024 school year!!

# FEBRUARY 2024

WW= Whole Wheat  
WG= Whole Grain

MON

TUE

WED

TH

FRI

## Daily Milk Choices:

1% White  
Fat Free Chocolate  
And  
Fat Free Strawberry  
(when available)

## COME AND JOIN US FOR A DELICIOUS BREAKFAST!

A healthy school breakfast is the perfect way to jump start your day!

## Daily 100% Juice

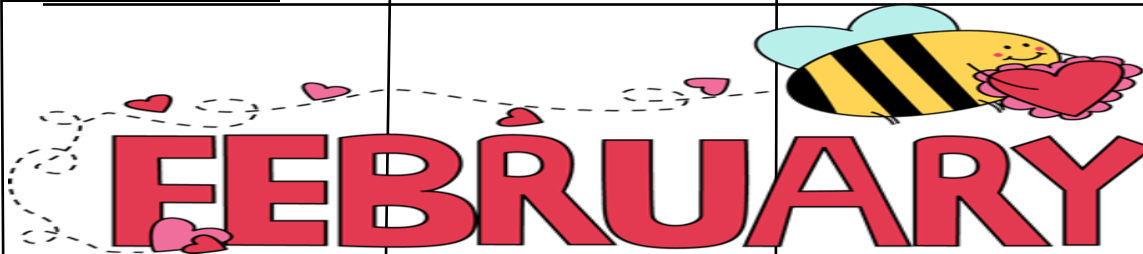
Choices:  
Orange Juice  
Fruit Punch  
Grape Juice  
Apple Juice

## Additional Daily

### Fruit Choices:

Applesauce Cup  
Raisin Box

Choose at least 3 of 4 items (and one must be a fruit or vegetable). Choose all 4 for a great breakfast!!



1

ww French Toast

Peaches  
Choice of Juice  
Choice of Milk

2

WW Frudel

Pineapple  
Choice of Juice  
Choice of Milk

5

WW Confetti Pancakes

Apple Slices  
Choice of Juice  
Choice of Milk

6

ww Chocolate Chip Muffin

Pears  
Choice of Juice  
Choice of Milk

7

wG Waffles

Oranges  
Choice of Juice  
Choice of Milk

8

Egg & Cheese on a ww Croissant

Peaches  
Choice of Juice  
Choice of Milk

9

ww Bagel w/Cream Cheese

Pineapple  
Choice of Juice  
Choice of Milk

## Daily Cereal choices:

Whole Grain Cheerios

Lucky Charms  
(Whole Grain, Reduced Sugar)

Cinnamon Toast Crunch  
(Whole Grain, Reduced Sugar)

## Hello!!

We are very excited to see and serve you!

**BREAKFAST IS FREE\* FOR EVERYONE, EVERY DAY!**

\*Note: You must take at least 3 of the 4 offered items, and one must be a fruit or vegetable in order to qualify for Free!

Please check our district website for more meal program information, menus, and Free/reduced application information:

<https://www.upsd.org/departments/food-service>

## Food Services is Hiring!!!

Earn while your children learn!

We have openings! If you are interested, please go to :

<https://www.upsd.org/departments/human-resources/employment-opportunities>

and hit the "Apply Now" button to see what positions are available!



HEREFORD & MARLBOROUGH ELEMENTARY, & 4TH & 5TH GRADE CENTER BREAKFAST

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|   |   |  |  |   |
|---|---|--|--|---|
| 12<br>WW Banana Muffin<br><br>Apple Slices<br>Choice of Juice<br>Choice of Milk | 13<br>Mini WG Cinnamon Roll<br><br>Pears<br>Choice of Juice<br>Choice of Milk         | 14<br>ww Mini Blueberry Crumb Loaf<br><br>Oranges<br>Choice of Juice<br>Choice of Milk | 15<br>ww French Toast<br><br>Peaches<br>Choice of Juice<br>Choice of Milk                | 16<br>No School today<br><br>In service Day   |
| 19<br>No School Today<br><br>Presidents Day                                     | 20<br>ww Chocolate Chip Muffin<br><br>Applesauce<br>Choice of Juice<br>Choice of Milk | 21<br>wg Waffles<br><br>Oranges<br>Choice of Juice<br>Choice of Milk                   | 22<br>Egg & Cheese on a ww Croissant<br><br>Peaches<br>Choice of Juice<br>Choice of Milk | 23<br>ww Bagel w/Cream Cheese<br><br>Pineapple<br>Choice of Juice<br>Choice of Milk |
| 26<br>WW Banana Muffin<br><br>Apple Slices<br>Choice of Juice<br>Choice of Milk | 27<br>Mini WG Cinnamon Roll<br><br>Pears<br>Choice of Juice<br>Choice of Milk         | 28<br>ww Mini Blueberry Crumb Loaf<br><br>Oranges<br>Choice of Juice<br>Choice of Milk | 29<br>ww French Toast<br><br>Peaches<br>Choice of Juice<br>Choice of Milk                | March 1<br><br>WW Frudel<br><br>Pineapple<br>Choice of Juice<br>Choice of Milk      |

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## Welcome Back!

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