

DECEMBER 2024

Breakfast Price:
FREE



Welcome Back!

We are very excited to see you and serve you again!
Please check our district website for more meal program information, menus, and Free/reduced application information:

<https://www.upsd.org/departments/food-service>

Food Services is Hiring!!!

Earn while your children learn!

We have part time openings! If you are interested, please go to:

<https://www.upsd.org/departments/human-resources/employment-opportunities>

and hit the "Apply Now" button to see what positions are available!

What makes a Breakfast?

Choose at least 3 of 4 items (and one must be a fruit or vegetable).

Choose all 4 for
THE BEST breakfast!!

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Hot Entrée Choice	Pancakes	Egg & Cheese <u>or</u> Sausage Egg & Cheese On a ww Croissant	Waffles With Sausage	Egg & Cheese <u>or</u> Bacon Egg & Cheese On a ww Croissant	French Toast
Cold Choice #1	Assorted Cereal w/Milk Choice	Assorted Cereal w/Milk Choice	Assorted Cereal w/Milk Choice	Assorted Cereal w/Milk Choice	Assorted Cereal w/Milk Choice
Cold Choice #4	Assorted Muffins, BeneFit Bars & Granola Bars	Assorted Muffins, BeneFit Bars & Granola Bars	Assorted Muffins, BeneFit Bars & Granola Bars	Assorted Muffins, BeneFit Bars & Granola Bars	Assorted Muffins, BeneFit Bars & Granola Bars
100% Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice
Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk

<u>Daily 100% Juice Choices:</u> Orange Juice Apple Juice	<u>Daily Milk Choices:</u> 1% White Fat Free Chocolate Fat Free Strawberry (when available)	<u>Cereal Choices—</u> All are whole grain & reduced sugar: Cheerios Cinnamon Toast Crunch Lucky Charms Cocoa Puffs	This menu covers the following weeks: December 2-6 December 9-13 December 16-20 We are off : December 23, 2024 through January 1, 2025	<u>BREAKFAST IS FREE* FOR EVERYONE, EVERY DAY!</u> *Note: You must take at least 3 of the 4 offered items, and one must be a fruit or vegetable in order to qualify for Free!	<u>Assorted Fruit Choices:</u> Apple Slices Bananas Raisin Box	<u>Assorted Muffins & (all are whole grain):</u> WG Chocolate Chip Muffin WG Blueberry Muffin
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