

AUGUST 26TH—SEPTEMBER 6, 2024

Breakfast Price:
FREE



Welcome Back!

We are very excited to see you and serve you again!
Please check our district website for more meal program information, menus, and Free/reduced application information:

<https://www.upsd.org/departments/food-service>

Food Services is Hiring!!!

Earn while your children learn!

We have part time openings! If you are interested, please go to :

<https://www.upsd.org/departments/human-resources/employment-opportunities>

and hit the "Apply Now" button to see what positions are available!

What makes a Breakfast?

Choose at least 3 of 4 items (and one must be a fruit or vegetable).

Choose all 4 for
THE BEST breakfast!!

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Hot Entrée Choice	Pancakes With Sausage	Egg & Cheese or Sausage Egg & Cheese On a ww Croissant	Waffles With Sausage	Egg & Cheese or Bacon Egg & Cheese On a ww Croissant	French Toast With Sausage
Cold Choice #1	Assorted Cereal w/Milk Choice	Assorted Cereal w/Milk Choice	Assorted Cereal w/Milk Choice	Assorted Cereal w/Milk Choice	Assorted Cereal w/Milk Choice
Cold Choice #4	Assorted Muffins, BeneFit Bars & Granola Bars	Assorted Muffins, BeneFit Bars & Granola Bars	Assorted Muffins, BeneFit Bars & Granola Bars	Assorted Muffins, BeneFit Bars & Granola Bars	Assorted Muffins, BeneFit Bars & Granola Bars
100% Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice
Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk

Daily 100% Juice Choices:

Orange Juice

Apple Juice

Daily Milk Choices:

1% White

Fat Free
Chocolate

Fat Free
Strawberry
(when available)

Cereal Choices—

All are whole grain &
reduced sugar:

Cheerios

Cinnamon Toast
Crunch

Lucky Charms
Cocoa Puffs

This menu covers the
following weeks:

August 26-

August 29, 2024

&

September 3-6, 2024

We are off August 30th
and September 2nd, 2024

**BREAKFAST IS
FREE* FOR
EVERYONE, EVERY
DAY!**

***Note: You must take at
least 3 of the 4 offered
items, and one must be a
fruit or vegetable in order
to qualify for Free!**

Assorted Fruit Choices:

Apple Slices

Bananas

Raisin Box

Assorted Muffins & (all are whole grain):

WG Chocolate Chip
Muffin

WG Blueberry
Muffin