UPPER PERK BOYS LACROSSE

FREE TRIAL DURING PRE-SEASON SKILLS *SEE BOX BELOW

SPRING YOUTH PROGRAM



<u>WHO-</u> K-8th grade boys all skill levels

<u>WHERE-</u> Upper Perkiomen High School, 2 Walt Road, Pennsburg

WHEN- Practices start March: 2 days/week, one game per weekend

<u>FREE Pre-season skills session</u>: Get a jump start on your skills for spring or try out this new sport during indoor training Jan 2020. Free loaner equip available during indoor trial.

<u>EQUIPMENT</u>- lacrosse stick, helmet, gloves, chest pad, elbow pads, athletic cup and mouth guard.

- <u>Rental equipment</u> available through UPYL. Info on website
- Starter packages also available for purchase link on website

QUESTIONS ? see website for more details and cost info

Or contact us at <u>upperperkyouthlacrosse@gmail.com</u>

<u>REGISTRATION OPEN NOW</u>: <u>www.uplacrosse.org</u> Early Bird discount save \$10 until 12/31/2019 ***closes February 1st 2020***

GIRLS YOUTH REGISTRATION ALSO OPEN SEE WEBSITE ABOVE